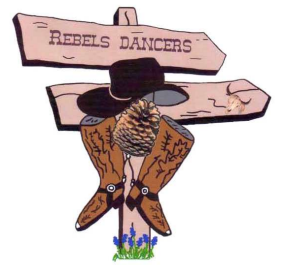


SUGAR & SPICE



Type : Danse en ligne , 32 comptes , 4 murs , 1 tag/restart
Niveau : Novice
Chorégraphe : Jef Camps (bel) , Roy Verdonk (nl) & Jo Kinser (uk) (mars 2024)
Musique : " Milky Way " de Duguneh , Abi F Jones & Jay Fonseca
Intro : 16 comptes .

S1: SKATE, SKATE, SHUFFLE, SKATE, SKATE, SHUFFLE

1-2 RF skate forward, LF skate forward
3&4 RF step forward into R diagonal, LF close next to RF, RF step forward
5-6 LF skate forward, RF skate forward
7&8 LF step forward into L diagonal, RF close next to LF, LF step forward

S2: JAZZ BOX CROSS, SIDE ROCK, ¼ RECOVER, ¼ CHASSE

1-2 RF cross over LF, LF step back
3-4 RF step side, LF cross over RF
5-6 RF rock side, ¼ turn L & put weight on LF (9:00)
7&8 ¼ turn L & RF step side, LF close next to RF, RF step side (6:00)

S3: BEHIND, SIDE, CROSS SAMBA, CROSS, ¼ BACK, BACK PONY STEP

1-2 LF cross behind RF, RF step side
3&4 LF cross over RF, RF rock side, recover on LF
5-6 RF cross over LF, ¼ turn R & LF step back (9:00)
7&8 RF step back hitching L-knee, LF close next to RF, RF step back hitching L-knee

S4: ROCK BACK/RECOVER, SHUFFLE ½ TURN, BACK, DRAG, BALL, WALK R-L

1-2 LF rock back, recover on RF
3&4 ¼ turn R & LF step side, RF close next to LF, ¼ turn R & LF step back (3:00)
5-6 RF large step back, drag LF towards RF
&7-8 LF close on ball next to RF, RF step forward, LF step forward

RESTART: In wall 5 dance up to count 12 and add following steps before restarting the dance (12:00)

1-2-3-4 RF step side & sway R, sway L, sway R, sway L (wave your arms)

RECOMMENCEZ ET GARDER LE SOURIRE